

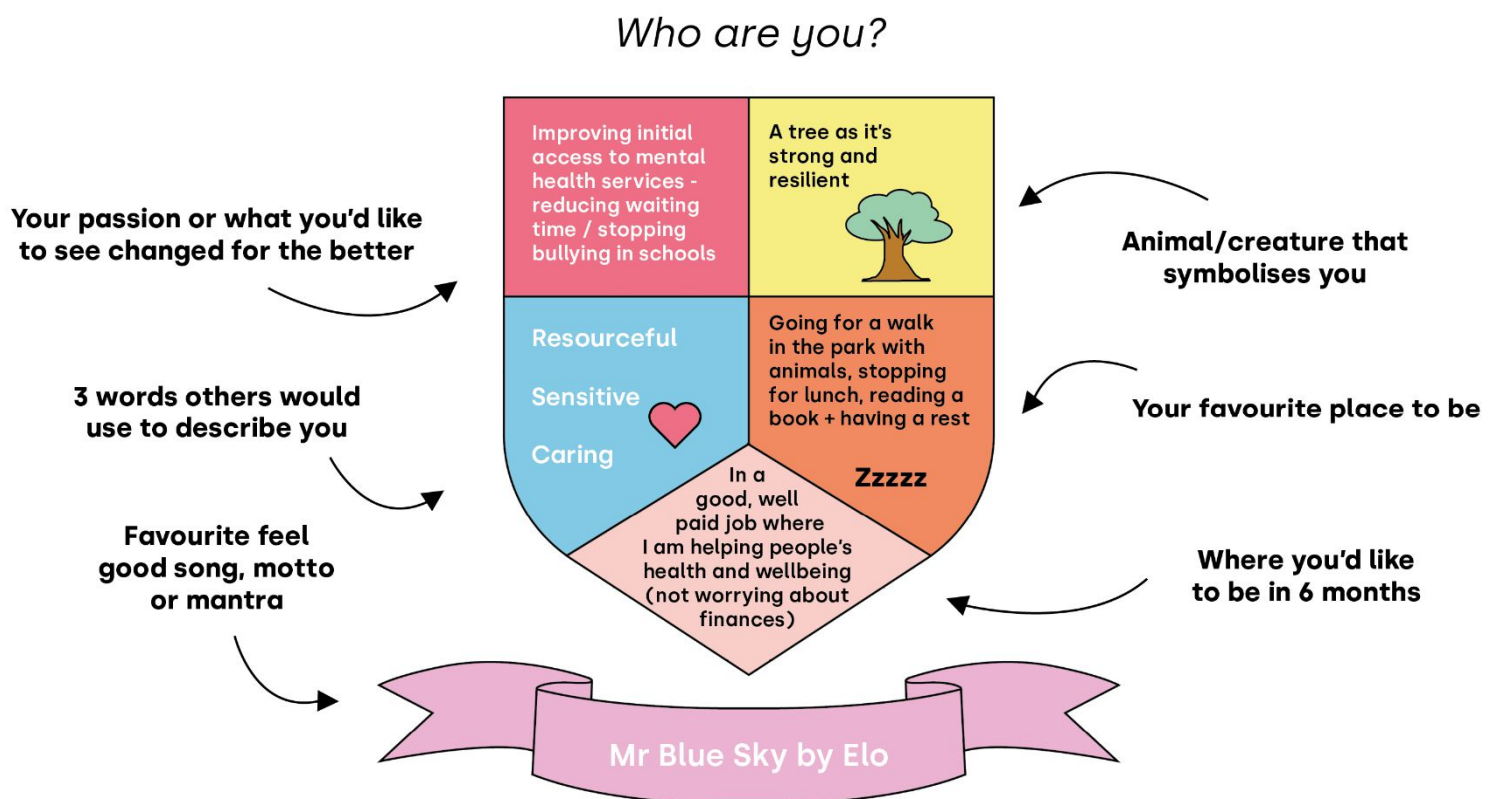
UNDERSTANDING WHAT'S MOTIVATING YOU

HOW TO USE THIS RESOURCE



Shields exercise

- Print, trace or redraw the shield on **page 2**
- Complete the **6 sections** using the example below
- Or free-style it – it's **your shield** after all!



Who are you?

